

Student: \_\_\_\_\_

**B.A. - Psychology**  
**Revised 2025 Version**

ID#: \_\_\_\_\_ Advisor: \_\_\_\_\_

**GENERAL EDUCATION**

\_\_\_\_\_ MLO 101 Transition to College (2)  
\_\_\_\_\_ STS 092 Library Tutorial (0)  
\_\_\_\_\_ STS 101 Microsoft Lit (test/class) (0/1)

\_\_\_\_\_ ENG 101 English Comp 1 (3)  
\_\_\_\_\_ ENG 102 English Comp 2 (3)

\_\_\_\_\_ MTH 110 Finite Math (3)  
\_\_\_\_\_ BIO 101 + 102 Hum Bio (4)

Social Sciences\* (9 units, lower or upper division)  
(POL, SSC, PSY, MCM, or ECO not already needed)

Humanities\* (9 units, lower or upper division)  
(HUM, LIT, HIS, PHIL, ART or foreign language)

\*Equity & Justice Studies: 1 of 6 above must be E & J course  
ECO 301, HIS 301, 302, HUM 305, 307, 311, 330, LIT 305, MCM 308,  
MGT 325, POL 351, 353, PSY 306, 313, 314, 383, SSC 313, 353, 350

**GE Units Required: 33**

**Completed:** \_\_\_\_\_

**Remaining/In Progress:** \_\_\_\_\_

**PSYCHOLOGY CORE**

\_\_\_\_\_ PSY 101 Intro to Psychology (3)  
\_\_\_\_\_ PSY 103 Professional Develop (1)  
\_\_\_\_\_ PSY 201 Rsrch Mth in Psy (3)

\_\_\_\_\_ MCM 257 Public Speaking (3)  
\_\_\_\_\_ concurrent with MCM 265 or 270 (1)  
\_\_\_\_\_ MTH 251 Statistics (3)  
\_\_\_\_\_ PHI 160 Logic & Crit Thinking (3)

**Senior Year**

\_\_\_\_\_ PSY 400 Empiric Rsrch (Fall) (3)  
\_\_\_\_\_ PSY 401 Senior Thesis (Spring) (3)

**Core Units Required: 23**

**Completed:** \_\_\_\_\_

**Remaining/In Progress:** \_\_\_\_\_

**PSYCHOLOGY MAJOR**

You must complete 8 total courses

Developmental (select 1+)  
\_\_\_\_\_ PSY 305 Human Develop (3)

Biological (select 1+)  
\_\_\_\_\_ PSY 411 Biopsychology (3)

Cognitive (select 1+)

\_\_\_\_\_ PSY 303 Learning/Cognition (3)  
\_\_\_\_\_ PSY 304 Human Motivation (3)

Clinical (select 1+)

\_\_\_\_\_ PSY 311 Personality Theory (3)  
\_\_\_\_\_ PSY 313 Undstg Disabilities (3)  
\_\_\_\_\_ PSY 412 Psychological Disorders (3)  
\_\_\_\_\_ PSY 415 Commun & Counseling (3)

Sociocultural (select 1+)

\_\_\_\_\_ PSY 300 Psy Applied to Life (3)  
\_\_\_\_\_ PSY 306 Human Sexuality (3)  
\_\_\_\_\_ PSY 309 Social Psychology (3)  
\_\_\_\_\_ PSY 310 Close Relationships (3)  
\_\_\_\_\_ PSY 312 Sports Psychology (3)  
\_\_\_\_\_ PSY 314 Psy; Women in Orgs (3)  
\_\_\_\_\_ PSY 315 Consumer Psy (3)  
\_\_\_\_\_ PSY 316 Organizations Psy (3)  
\_\_\_\_\_ PSY 317 Queer Identities (3)  
\_\_\_\_\_ PSY 383 Cultural Issues in Psy (3)

**Major Units Required: 24**

**Completed:** \_\_\_\_\_

**Remaining/In Progress:** \_\_\_\_\_

**ELECTIVES** Electives are courses you take based on your interest that are not required elsewhere in your degree requirements. Consider adding a minor to meet electives. MGT 301 (Internship Preparation) and MGT 499 (Summer Internship) are optional elective courses to consider.

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**Elective Units Required: 40**

**Completed:** \_\_\_\_\_

**Remaining/In Progress:** \_\_\_\_\_

**GRADUATION PROGRESS:**  
**(120 UNITS REQUIRED)**

**Total Completed:** \_\_\_\_\_ **Remaining/In Progress:** \_\_\_\_\_  
**Upper-Division Units Required: 42 Completed:** \_\_\_\_\_ **Remaining/In Progress:** \_\_\_\_\_

**SEE ADDITIONAL INFORMATION AND NOTES ON BACK →**

# Key Definitions, Terms, Notes, and General Information

Academic Catalog – Available online, this document details Menlo College’s curriculum, all policies, processes, and other requirements

Credits/Hours/Units – The unit measuring educational ‘credit’, usually based on the number of class hours per week through a semester. This is the number in parentheses to the right of the course title on the front page.

Degree Requirements – □ Students must complete & pass 120 units; 42 of these units must be upper division  
 □ Cumulative GPA overall for all courses, **and** GPA for **all** major & core courses **MUST** equal 2.0 or greater  
 □ Designated courses may require C- to pass, ex: MTH 110, ENG 101, 102, etc. See course descriptions for details.  
 □ 48 units in major & core must be completed **at** Menlo  
 □ Students must be enrolled in at least one of the last two semesters before graduation **at** Menlo.

Electives – Almost any course taken that is NOT already required as a part of GE, Core, or Major requirements. See an advisor for exceptions

General Education – These required courses are designed to introduce students to a variety of subjects & disciplines, and to assure Menlo graduates possess strong writing, quantitative, & analytical skills.

Internship (Business) – Typically in the summer before senior year. Please contact the Internship office to discuss options & ask questions

Lower-Division – Courses numbered lower than 300 (ex: ENG 101)

Upper-Division – Courses numbered 300 or higher (ex: PSY 411)

No “double-dipping” – Courses may only count as one requirement. Example: ECO 201 is required for Business degrees, so it will not *also* count as a Social Science requirement for business majors.

Subjects – ACC (Accounting), BSA (Business Analytics), ECO (Economics), ENG (English), ENI (Entrepreneurship & Innovation), FIN (Finance), HIS (History), HRM (Human Resources Management), HUM (Humanities), INB (International), LIT (Literature), MTH (Math), MCM (Mass Communication), MGT (Management), MKT (Marketing), POL (Political Science), PSY (Psychology), RLS (Real Estate), SMG (Sports Management), SSC (Social Sciences), STS (Study Skills)

Transfer courses – Maximum 48 lower-division credits and 24 upper-division may be transferred in for credit. Community college classes will only count as lower-division. Upper-division are typically taken at a 4-year institution. Transfer courses do not affect your Menlo GPA. Current students may not transfer in courses without Dean approval.

## PREREQUISITE COURSES

### GENERAL EDUCATION

ENG 101 - Placement test or ENG 100  
 ENG 102 – (ENG 101 w/ C- or above)  
 MTH 110 - Placement test/eval

Equity & Justice – one the 6 Social Science & Humanities courses must be E&J. If you fill your Social Science 9 units with non- E&J classes, then your E&J class must be a Humanities E&J, and vice-versa.

### ADDITIONAL COURSES

Information regarding prerequisites for other courses are online in MyMenlo and the Academic Catalog.

### PSYCHOLOGY CORE & MAJOR MCM 257 – (NONE)

MTH 251 – (MTH 110 with C- or above)  
 PHI 160 – (ENG 102 with C- or above)  
 PSY 101 – (NONE)  
 PSY 103 – (PSY 101)  
 PSY 201 – (PSY 101, ENG 102 w/ C- or above, MTH 251 w/ C- or above)  
 PSY 305 – (PSY 101, ENG 102 w/ C- or above)

PSY 400 – (Senior standing, PSY 201)  
 PSY 401 – (Senior standing, PSY 400)

PSY 411 – (PSY 101, BIO 101)

For all of the “select 1+” courses Please 1  
 MyMenlo or  
 the Academic Catalog